# **Physical Education**

#### **Course Aims:**

Students will be placed into a relevant group in years 10 & 11. There will be an opportunity to take part in a number of different games as well as new activities such as ultimate frisbee, golf and softball. In year 10 students will have the opportunity to develop their leadership qualities within lessons by organising sessions and leading to their peers.

### How is the course assessed?

There is no official qualification although students following the GCSE PE course will be assessed in Core PE lessons

## **Duration/Time**

- 2 lessons per fortnight (years 10 & 11)
- Students will also have the opportunity to be involved with an extensive extra-curricular programme

#### What can I do at the end of the course?

Students will have an insight into elements of leadership, team work, organisation, co-operation, fair play and commitment. These are all personal skills that further education establishments and employers are looking for in school leavers.

